



COVID-19 GUIDANCE FOR HERTS BASEBALL EVENTS

The UK government has approved a Covid-secure protocol for baseball.

It is important that the rules shown below are followed strictly in order to protect club members, their families and the wider community, so please read them carefully.

1. Players, coaches, officials and parents who have Covid-19 symptoms or who are required to self-isolate or quarantine themselves in accordance with government guidelines should not attend baseball events.
2. Follow social-distancing rules keeping at least 2 metres apart.
3. Maintain good hand hygiene. Wash hands before and after the session with soap and warm water for at least 20 seconds.
4. Avoid touching your face until you have washed your hands thoroughly. Hand sanitizer will be available at the venue.
5. Toilets will be available for use, but only one person at a time. Those waiting to use the toilet should wait outside maintaining social distancing.
6. Indoor changing facilities will not be available to reduce risk of spreading the virus.
7. Club members should indicate that they plan to attend an event by logging into the [online Clubhouse](#) and marking their availability.
8. Non-members, who would like to try baseball to help them decide whether or not to join the club, should [contact the club](#) to book their place at the event.

9. Avoid car sharing with anyone outside your household or support bubble.
10. If you have attended any events and test positive for Covid-19, please [inform the club](#). This can be done confidentially.
11. The British Baseball Federation has published more information and guidance in accordance with the Covid-secure protocol for baseball approved by the government ([click to view](#)).